Learning Styles Questionnaire

Complete the following questionnaire by ticking the appropriate box to discover your

	preferred learning style.	_	Sometimes	шо
1	Can remember more about a subject through listening than reading.	□ Often	□ Som	Seldom
2	Follow written directions better than oral directions.			
3				
	Like to write things down or take notes for visual review.			
4	Bear down extremely hard with pen or pencil when writing.			
5	Require explanations of diagrams, graphs or visual directions.			
6	Enjoy working with tools.			
7	Am skilful and enjoy developing and making graphs and charts.			_
8	Can tell if sounds match when presented with pairs of sounds.			
9	Remember best by writing things down several times.			
10	Can better understand and follow directions using maps.			
11	Do better at academic subjects by listening to lectures and tapes.			
12	Play with coins and keys in pockets.			
13	Learn to spell better by repeating the letters than by writing the word on paper.			
14	Can better understand a news article by reading about it in the paper then the radio.			
15	Chew gum, smoke or snack during studies.			
16	Feel the best way to remember a picture is in my head.			
17	Learn spelling by 'finger spelling' the words.			
18	Would rather listen to a good lecture or speech than read about the same material.			
19	Am good at working and solving jigsaw puzzles and mazes.			
20	Grip objects in my hand during learning periods.			
21	Prefer listening to the news on the radio than reading about it in a newspaper.			
22	Obtain information on an interesting subject by reading relevant materials.			
23	Feel very comfortable touching others, hugging, handshaking, etc.			
24	Follow oral directions better than written ones.			

Scoring

Award yourself 5 points for OFTEN, 3 points for SOMETIMES and 1 point for SELDOM. Complete the grid by filling in the values and totalling each column. Transfer your score to the 'tripod' to get a visual display of your preference.

Visual	Auditory	Kinaesthetic
Points	Points	Points
2.	1.	4.
3.	5.	6.
7.	8.	9.
10.	11.	12.
14.	13.	15.
16.	18.	17.
19.	21.	20
22.	24.	23.
Total:	Total:	Total:

